

Developing Your Child To Be a Positive Peer Influence Online



What is Positive Peer Influence?



Peer influence is the effect an individual can have on their friends to change their attitudes, values or behaviours.

The Cyber Wellness principle of positive peer influence encourages our students to:

- Be a positive role model online
- Advocate positive online behaviour

Why is Being a Positive Peer Influence Online Important?



Being a positive peer influence online will help your child to:

- Exercise empathy
- Develop resilience and moral courage
- Learn responsibility for words and actions
- Leave positive digital footprints



Parents as Partners

How Can Parents Help?



Encourage your child to:

- **Be S.U.R.E.* before sharing.**
 - **Source**
 - **Understand**
 - **Research**
 - **Evaluate**

*The S.U.R.E. campaign is an initiative by the National Library Board to promote the importance of information searching and discernment.
<http://www.nlb.gov.sg/sure/sure-campaign/>



How Can Parents Help?

Encourage your child to:

- **T.H.I.N.K.** before posting. Ask: “Is it **T**True? **H**Helpful? **I**Inspiring? **N**Necessary? **K**Kind?”



T

Is it TTrue?

H

Is it Helpful?

I

Is it Inspiring?

N

Is it Necessary?

K

Is it Kind?

How Can Parents Help?



Encourage your child to:

- Be an upstander for friends who are cyber bullied



C

Calm them down

H

Hear them out

E

Empathise with them

E

Encourage them to seek help

R

Refers to a trusted adult

How Can Parents Help?



Encourage your child to use technology for good, such as:

- **Helping seniors to use technology**
- **Supporting good causes**
- **Spreading positive messages online**

Key Messages to Parents



VALUE THE IMPORTANCE OF BEING A POSITIVE PEER INFLUENCE ONLINE



ENCOURAGE YOUR CHILD TO BE A POSITIVE PEER INFLUENCE ONLINE



MODEL POSITIVE ONLINE HABITS



GUIDE YOUR CHILD TO USE TECHNOLOGY FOR GOOD

Resources



Ministry of Education

Check out MOE's Cyber Wellness Portal for up-to-date cyber wellness tips and resources for parents.

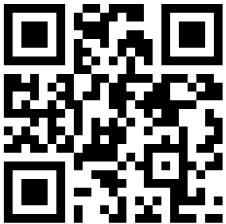
ictconnection.moe.edu.sg/cyber-wellness/for-parents



Media Literacy Council

Check out the Media-WISE SMART guide for Youths for tips on how your children can stay safe and kind online.

medialiteracycouncil.sg/-/media/MLC/Resources/Pdf/Youth/Media-Wise.pdf



National Library Board

Pick up some research skills and learn more about the S.U.R.E. method from NLB's eLearn Centre.

nlb.gov.sg/sure/elearn-centre

Every Parent

A Supportive Partner

