



Empowering Families Through Family Matters!



FAMILY matters!

Raising A Self-Disciplined Child

"Self discipline means taking ownership, accountability and responsibility for our behaviour. It is one of the most important qualities we can help our kids develop."

- Robert Brooks, Ph.D., Harvard Medical School, Psychologist and Child Development Expert



A child armed with self discipline has a tremendous asset for addressing life's challenges. So many relational and personal problems can be avoided or controlled when one has self discipline. How can a parent be sure their child is making wise choices and decisions without the input of a parent? **In this workshop, you will learn about some suggestions that will show you how you can teach your child to be a self-disciplined person. It is never too late to start to cultivate self discipline in your children.**

Speaker – Mr Asher Eng is a certified Behavioural and Career Consultant and MSF-approved Marriage Preparation Course Instructor. He has a Master Degree in Counselling from Monash University. For the past eleven years, Asher had been involved in non-profit organizations which gave him the opportunity to travel to South Africa, China, Taiwan and other parts of the world to provide consultation works and trainings. Asher is also a certified Triple P (Positive Parenting Programme) Instructor.

Date & Time: 14 April 2018 (Sat) , 9 a.m. to 12 p.m.

Venue: PAL Rooms (Level 2), HPPS

For registration, please go to <https://goo.gl/forms/6jDJN25FRpkwtUh13> or email: ong_shwu_fong@moe.edu.sg

All HPPS parents are welcome to join us for this free workshop!