



HPPS Monthly Newsletter

March 2024

29 February 2024

Principal's note

Dear Parents/ Guardians,

GO OUT AND LEARN (GOAL) and being SG READY

As we reflect on recent school events, we are proud to see our students engaging in meaningful experiences that enhance their learning and personal growth.

Our P5 students recently completed an exciting 3D2N Outdoor Adventure Camp. This camp challenged them physically and mentally, enabling them to foster teamwork, resilience, and a deeper connection with nature, all while embracing the spirit of "Go Out and Learn" (GOAL). Meanwhile, our P1 pupils embarked on their first learning experience as part of our HI-LITE programme (Holistic Integrated Learning involving Thematic Experiences) for Lower Primary students.

The Amazing Race in school for the P1s was a resounding success, providing our youngest learners with the opportunity to explore, discover, and apply their knowledge in real-world contexts, aligning with our GOAL of fostering holistic learning experiences. A special thank you to our parent volunteers for their tremendous support during the Amazing Race.

These experiences are designed to develop 21st century competencies such as critical thinking, communication, collaboration, and creativity, which are essential for success in today's rapidly changing world.

As we commemorate Singapore's 40th anniversary of Total Defence, let us renew our dedication to being SG Ready, both in our personal lives and as members of the Henry Park community. Total Defence is about being prepared for all eventualities, including social defence. Social defence involves appreciating our diverse backgrounds and working together to strengthen our unity and resilience as a community. It is through understanding and respecting each other's differences that we can best prepare ourselves for the unexpected.

Thank you for your continued support and partnership in ensuring the well-being and success of our students. Together, we can equip our children with the skills and mindset needed to face any challenge that comes their way.

Charles Chan

*Honesty in Performance
Pride in Service*

1 Protecting our students and staff

We would like to inform our parents and visitors to refrain from taking pictures or videos of our school personnel, teachers and fellow students within the school compound and not to post pictures or videos of them on any social media platforms without seeking their consent as it is a privacy concern. These photos and videos of our school personnel, teachers and students are classified as personal in nature. Unauthorized disclosure of such information in social media or other public social media platforms constitutes a breach of the Personal Data Protection Act (PDPA).

2 Supporting the holistic development of our students

We value the home-school partnership with our parents and are committed to providing care and assistance to our students and their families. If you require any assistance or know of any child/family who may require further support during the course of the year, please contact your child's Form Teacher.

The following highlight some of the support available for our students.

a) **Learning & Behavioral support and Social-emotional support for our students:**

- Support from our Special Educational Needs Officers and School counsellors through:
 - Mdm Leo Siew Hui (HOD Student Wellbeing): leo_siew_hui@moe.edu.sg

Support through MOE programmes & assistance

- [MOE's Learning Support Programmes \(P1 & P2\)](#)
- [MOE's School-based Dyslexia Remediation programme \(P3 & P4\)](#)

Children with dyslexia may also enrol in the MOE-Aided literacy remediation Programme (MAP) at the [Dyslexia Association of Singapore \(DAS\)](#), where they may qualify for subsidised programme fees.

Parents may also refer to [Parents' Guide for Children with Special Educational Needs \(SEN\)](#) to better understand your child's SEN and the appropriate education that will meet his/her unique learning needs.

For more information on **Provisions and Support in Mainstream Schools**, please refer to MOE's [website](#).

b) **Financial assistance support** for our students:

- [MOE Financial Assistance Scheme](#) (MOE FAS) for Singapore Citizens
- **School-based Financial Assistance Scheme** is for students who require financial assistance but are not eligible for MOE FAS. (For Singapore Citizens and subject to eligibility based on the school-based FAS criteria)

Parents may refer to the school website ([Circulars & Forms - Financial Assistance](#)) to find out more and download the MOE FAS application form.

3 Healthy Eating

During Physical Health and Fitness (PHF) lessons in school, students are taught to eat healthily and to maintain a balanced diet using "My Healthy Plate". We hope that parents will help in guiding your child(ren) to ensure the nutritional intake at home. Here are some suggestions for healthy eating:

- Consume whole, natural foods that are minimally processed

- Include whole grains, fruits, and vegetables in all meals
- Eat from a variety of foods
- Consume foods in the right portion
- Choose water

You can check out the following [website](#) for more information.

4 Eat with Your Family Day 2024

“Eat with Your Family Day” (EWYFD) is a nation-wide initiative led by the Centre for Fathering and supported by the Ministry of Social and Family Development (MSF), to encourage all Singaporeans to consciously set aside time that day to be with their families. Through the simple practice of having a family meal, we hope the event will serve as a reminder to families to eat together regularly.

HPPS and our Student Care Centre (ACE@Work) will support this and would like to inform our parents of the EWYFD dates for 2024 as follows:

- 8 March 2024
- 24 May 2024
- 30 August 2024
- 15 November 2024

Please note that on these days, the General Office and SCC will close by 5.00pm. We seek the co-operation of our parents to make the necessary arrangement and enjoy a day with your family.

For more information on the EWYFD initiative, please refer to <http://fathers.com.sg/ewyfd/> .

5 SHINE Day Term 2 2024

On 18 March 2024, Monday, we will be celebrating SHINE Day – a day dedicated to create opportunities for student to Strive and Serve, Have healthy habits, Increase positive emotions, Nurture meaningful relationships and Engage in life-long learning.

Besides interactive activities to help foster stronger relationships between teachers and students and nurture peer connections, students will be engaged in discussions and exercises designed to cultivate a growth mindset – the belief that abilities and intelligence can be developed through dedication and effort.

SHINE Day in term 2 will also feature Cyber Wellness activities focused on educating students about digital citizenship, online safety, and the importance of kindness in virtual spaces. Through interactive presentations and discussions, students will learn about responsible internet usage, the potential risks of online interactions and strategies for maintaining a positive and respectful online presence.

By providing opportunities for students to develop holistically in a supportive and inclusive environment, SHINE Day sought to create a school culture that values care for others, cooperation, and mutual respect.

6 Observing World Water Day 2024 (March Edition)

World Water Day, observed annually on 22 March since 1993, is a United Nations initiative aimed at spotlighting the global issue of inadequate access to clean and safe water, affecting approximately 2.2 billion individuals worldwide. This year, the theme is “Water for Peace,” emphasizing the important role of water in fostering stability and prosperity across the globe.

As a school, we will observe this meaningful event on 25 March 2024, Monday. We have invited the Waterways Watch Society to share with us and help our students better understand Singapore’s past and present relationships with our waterways. It will also explain the story behind Singapore’s quest towards achieving self-sufficiency in water, as well as the challenges facing our water sustainability. Finally, we will also discuss the importance of individual ownership in environmental conservation and strongly encourage our students to love our waters.

We anticipate that the discussion will enhance our students' appreciation of the value of water. They will then carry this knowledge home and impart it to their families, fostering a culture of water conservation in their daily routines.

7 Student Leaders’ Investiture and NSG Oath Taking – 5 February 2024

The Student Leaders Investiture and NSG Oath Taking held on 5 February 2024, Monday at Henry Park was a momentous occasion that celebrated the dedication and commitment of student leaders across various domains. This event not only honored the Prefectorial Board Executive Committee, Peer Support Leader Executive Committee, and Senior CCA Leaders but also aimed to instill a sense of leadership and responsibility in every student at Henry Park.



The ceremony commenced with the solemn Prefects Oath Taking, symbolizing the formal acceptance of leadership roles by the appointed prefects.



We also acknowledged the vital role played by the Peer Support Leaders in the school community. These leaders are contributing to the overall well-being and mental health of the student body.

The contribution of leaders within the Co-Curricular Activities (CCA) domain were also acknowledged. These leaders, spanning across various clubs, uniformed groups, performing arts, and sports, play diverse roles in enriching the school experience for their peers.



Clubs and Societies Leaders



Uniformed Group Leaders



Performing Arts Leaders



Recreational Sports Leaders

A special highlight of the event was the recognition of the Training Team's participation in the National Sports Games, signifying their dedication, perseverance, and leadership in representing the school at a national level.

The training team sports leaders then led all sports CCA members in an OATH Taking for the National School Games.





Mr Chan rounded up the Student Leaders' Investiture with a story about Little Oui a little Dragon. The story reminded the students about having the moral courage to say no and how important that self-leadership is in our daily lives.

In conclusion, the Student Leadership Investiture at Henry Park was a poignant reminder of the diverse forms of leadership present within the student body. By recognizing and celebrating the contributions of student leaders across various domains, the event not only honored their efforts but also inspired others to embrace leadership roles and make a positive impact within the school community.

8 Chinese New Year Celebration – 9 February 2024

This year's Chinese New Year celebration was a vibrant and engaging event. We kicked off the celebration with a concert featuring various performances that showcased the many talents of our students.

Chinese Orchestra opened the concert with a mesmerizing performance, filling our school hall with traditional melodies that set the tone for the festivities. This was followed by a song and skit by students of 2 Enthusiasm. They put on a lively and energetic show that had everyone cheering and clapping along. Next, our Chinese Dance girls captivated the audience with their graceful and elegant movements. We also had a special video showing what our students do at home with their family members to get ready to celebrate the new year.

The music teachers then led the school in a mass singing of Chinese New Year songs, with everyone joining in to sing along. This communal singing helped to foster a sense of unity and togetherness among the students and teachers.

A major highlight of the celebration was the Lion Dance, which had been eagerly awaited by the students. The energetic performance of the lion dancers, accompanied by the rhythmic beating of drums, brought a sense of excitement and joy to the audience.

After the concert, students returned to their classrooms to learn about the traditions of Chinese New Year. They participated in activities such as spring cleaning and took part in a quiz to test their knowledge of the festival. The upper primary students also had the opportunity to showcase their creativity by making origami fishes to decorate their classrooms.

As a gesture of appreciation, student representatives presented oranges to their form teachers, a traditional symbol of good luck and prosperity. This gesture was a meaningful way for the students to show their gratitude to their teachers for their guidance and support throughout the year.



Chinese Orchestra ushering in the new year with festive music



The adorable actors of 2E



Our graceful Chinese Dancers



Mass sing-along of CNY tunes



School Leaders with the Lion Dancers



All smiles with our cute "fishes"

9 P5 Camp 2024 (14 February 2024 to 16 February 2024)

Our Primary 5 students participated in a memorable 3 Day – 2 Night Outdoor Adventure Residential Camp with their classmates and teachers from 14 to 16 February 2024. The camp setting provides students with a unique opportunity to break away from the routine of daily life. Living together in proximity fosters camaraderie and allows for deeper connections to form among classmates and teachers. Some students had their first experience sleeping in a tent. Through deliberately planned activities, participants have the chance to connect on a personal level, collaborate to overcome challenges, and create cherished memories together. Whether it is cheering each other on during a dragon boat race, tackling a difficult ropes course element as an individual, or having a shared experience at the campfire, these experiences strengthen relationships and foster a sense of belonging within the class.



Having fun dragon boating



Happy faces on a dragon boat



Building teamwork



Building trust



Climbing the rock wall



Building confidence through abseiling



Zipline fun



Tent-pitching



Our campfire performance



Our best campers 2024

10 Total Defence Day – 15 February 2024

Reflecting on the Total Defence Day (TDD) commemoration held on 15 February 2024, Thursday, we are thrilled to share the inspiring highlights of the TD40 milestone, marking 40 years since the inception of Total Defence in Singapore and creating lasting memories for all participants.

The preceding day, on 14 February 2024, Wednesday, the Disruption Exercise strategically switched off electricity in classrooms briefly, imparting crucial lessons in adaptability and resilience. This intentional disruption illuminated the reliance on technology, nurturing resourcefulness and fostering community cooperation. Post-exercise lessons prompted reflections on environmental awareness, embedding valuable life skills for facing unexpected challenges.

A noteworthy moment during the commemoration was the Students Sharing Session, featuring passionate insights from P4 and P5 National Education Monitors. Their profound understanding of Total Defence showcased their role in contributing to the nation's resilience. The enthusiasm and commitment they displayed left an indelible mark, inspiring their peers to appreciate national security and harmony.

Additionally, the assembly play, "Together We Blossom!" served as a captivating exploration of the significance of social defence. Through this performance, students gleaned lessons on volunteerism, the value of embracing different cultures, and the promotion of community and unity.

As we cherish the memories of TD40, let us carry forward the spirit of unity and purpose demonstrated by the students, upholding the pillars of Total Defence with a commitment to resilience, adaptability, and community cooperation.



Students dancing to the interactive play



P4 NE Monitors sharing on the importance of Total Defence



“Together We Blossom” Performance



Students engrossed in the performance

Hi-Lite, short for **H**olistic **I**ntegrated **L**earning with **T**hematic **E**xperiences, is a dynamic educational initiative tailored for Primary 1 and 2 students. This innovative programme is meticulously designed to nurture joy of learning by offering immersive and enriching educational experiences that seamlessly blend core and co-curricular subjects into the educational odyssey of our young learners.

At its core, Hi-Lite revolves around a central theme for each level, providing a cohesive framework for learning adventures and the learning journeys will be planned according to the theme for the year.

For the P1s, the overarching theme is “A Walk to Remember.” We have started off with the P1 students “Walking through Henry Park” in Term 1. They started off in the form of an Amazing Race as part of this term's learning journey. The stations in the Amazing Race harnessed teamwork by learning across disciplines, enhancing their ability to communicate effectively through listening and speaking activities. Students are engaged in multi-faceted perspectives by incorporating different subjects, honing their critical viewing skills as they analysed and synthesized information, fostering a comprehensive learning journey that nurture holistic development.



Our P1 students at the station in the General Office



Hard at work trying to figure out the clues to the next station.



We learn about recycling in this station.



Where Art meets Math!

For the P2s, the overarching theme is “Food for Thought” for the entire year. Aligned with the sub-theme of "Food for the Mind" in Term 1, students are given the opportunity to think through and make responsible food choices as well as to observe what goes into making their favourite dishes. With this goal in mind, we organised a hearty food fair where our students sampled mouth-watering dishes such as prata, Ramly burger and mini pancakes with their friends. This experiential approach not only enriches academic understanding but also forges stronger bonds between students and educators, illustrating that learning can be as enjoyable as it is enlightening.



P2 students looking at how the pancakes are made.



Eating yummy food together!



Making responsible food choices.



We had a great time at the food fair!

12 2023 Henry Park Primary School eYearbook

The 2023 Henry Park Primary School eYearbook documents the events and experiences of the school community throughout 2023. The theme this year is "Unleash the Power of THRIVE".

You may download the 2023 Henry Park Primary School eYearbook via this link – <https://www.henryparkpri.moe.edu.sg/hpps-experience/eyearbook-2023/> from 29 March 2024, Friday onwards.

The password to open the Yearbook is: THRIVE2023

13 Calendar of Events

A copy of the Term 2 Calendar of Events will be provided to your child. Please refer to Appendix 1.

14 Parenting Article

“She pushed me!” “I hate my class!” How I work through my kid’s conflicts while keeping my cool

Dealing with problems at school can be stressful for children and their parents. Writer Eveline Gan checks in with a counsellor on how she and her 10-year-old can better handle misunderstandings together.

You can read more about in this [article](#).

Vision
Lead with Character, Serve with Talents

Mission
Nurturing concerned citizens with integrity and a spirit of excellence through holistic education

School Values
Respect, Integrity, Care, Excellence



Appendix 1

**HPPS 2024 Term 2 School Calendar (18 March 2024, Monday to 24 May 2024, Friday)
(For mainstream students only)**

Date/Day	Event	Remarks
Fri, 29 Mar	Good Friday	Public Holiday
Fri, 5 Apr	International Friendship Day	Normal School Day
Wed, 10 Apr	Hari Raya Puasa	Public Holiday
Mon, 15 Apr	Hari Raya Puasa Celebration	Normal School Day
Wed, 1 May	Labour Day	Public Holiday
Wed, 22 May	Vesak Day	Public Holiday
Thurs, 23 May to Fri, 24 May	*Parent-Teacher Meeting (PTM/PCTC)*	P1 - P6 do not need to attend school
Sat, 25 May to Sun, 23 Jun	Term 2 School Vacation	

**More information will be given at a later date.*