



# HENRY PARK PRIMARY SCHOOL

1 Holland Grove Road, Singapore 278790. Tel: 6466 3600 Fax: 6469 1840

<http://www.henryparkpri.moe.edu.sg>

28 March 2025

Dear Parents/Guardians,

## **Primary 1 Term 2 Level Matters**

We have now come to the second term of the year. Here is an update on the activities planned for this term.

### **Programme for Active Learning (PAL)**

In Term 2, students will embark on their first PAL module: Sports and Games. This module incorporates Character and Citizenship Education (CCE), including National Education (NE) and the five Social and Emotional (SE) competencies: self-awareness, self-management, social awareness, relationship management, and responsible decision-making. Our school's RICE values will be a key focus throughout the program. Through this integrated approach, we aim to nurture our students' values, character, social-emotional well-being, and sense of citizenship, fostering positive life outcomes.

### **Physical Education, Art, Music (PAM)**

Participating in physical activities provides numerous benefits for overall well-being. It enhances cardiovascular health, strengthens muscles and bones, improves flexibility, and supports healthy weight management. Gymnastics is a dynamic sport that develops strength, flexibility, balance, coordination, and agility while also fostering mental focus, discipline, and determination. As part of our commitment to holistic physical education, all Primary 1 students will participate in a gymnastics enrichment program integrated into six PE lessons throughout the year. To ensure quality instruction, two qualified gymnastics instructors have been engaged for the program. Two classes have already completed the sessions in Term 1, with the remaining classes scheduled to participate in the following terms. In Term 2, students will also continue exploring other key learning areas, including Games and Sports, Dance, Outdoor Education, and Physical Health and Safety.

As part of their Art exploration, the students will be creating 3D animal sculptures using modeling clay. They will draw inspiration from Fernando Botero's famous *Bird* sculpture. Before choosing an animal to sculpt, students will participate in reflective exercises to explore self-identity. They will consider the question: "*Which animal represents me?*" This process encourages personal expression and creativity, allowing each student to connect deeply with their artwork.

In the domain of Music, students will delve into the creation of graphic scores to depict musical ideas. They will listen to short music excerpts, translating auditory stimuli into visual representation through drawings. Furthermore, students explore dynamics such as Forte (loud) and Piano (soft). Additionally, students will be provided with opportunities to express their creativity by crafting a soundscape of nature using body percussion, percussion instruments and everyday objects.

### **Hi-Lite Programme: Learning Journey to Rail Corridor**

Students will embark on a walk to explore the Rail Corridor. More details will be communicated by their form teachers through Parents Gateway closer to the date.

### **Parent Teacher Meeting (PTM)**

The PTM will be held on 29 and 30 May 2025 (Thursday and Friday). More information will be provided closer to the date.

### **English Games Week 2025**

English Games Week is coming back soon! Students can look forward to a week of engaging games and activities in Term 3 Week 1 (30 June – 4 July 2025). These activities may be carried out during English lessons or recess. This initiative seeks to increase our students' interest and passion in English Language and to promote a reading culture. To launch the English Games Week, we will have Book Day on 30 June 2025 whereby Primary 1 and Primary 2 students are strongly encouraged to dress up as their favourite character from a story they have read. There will be fun activities and special programmes for our students to showcase their talents and skills in English Language. More details will be provided nearer the date.

### **Morning Story-Telling Sessions**

The schedule for the story-telling sessions for Term 2 is outlined below:

<b>Week</b>	<b>Chinese Story Telling (Mondays)</b>	<b>English Story Telling (Thursdays)</b>
1	Nil (SHINE Day)	27 March 2025
2	Nil (Hari Raya Puasa)	3 April 2025
3	7 April 2025	10 April 2025
4	14 April 2025	17 April 2025
5	21 April 2025	24 April 2025
6	28 April 2025	Nil (Labour Day)
7	5 May 2025	8 May 2025
8	Nil (Vesak Day)	15 May 2025
9	19 May 2025	22 May 2025
10	26 May 2025	Nil (PTM / PCTC)

Details for the respective story-telling sessions are as follows:

Time: 7:00 am – 7:15 am

Venue: School Library

Students interested in attending the storytelling sessions should report to the designated venue by 7 am. They are required to leave their school bags in the classroom before heading to the venue with their student diaries.

### **Mobile Phones and Smart Watches**

We recognise that parents may need to contact their children after school. While the school allows students to bring mobile phones or smart watches to school, it is not encouraged as they may be valuable and could be lost or stolen.

Students who bring mobile phones or smart watches to school are to adhere to the following guidelines as listed below:

- The usage of mobile phones or smart watches can only be used to contact parents/caregivers at designated areas (porch, plaza, area behind canteen and bus bay area). The devices are to be switched off during school hours.
- Students are not allowed to take photos, videos, or voice recordings within the school premises or on school buses at all times.
- The school may confiscate the mobile phone or smart watch as a disciplinary measure or for purpose of investigation if there is an infringement of the privacy of others. The mobile phone or smart watch will be kept in the General Office for collection by parents/guardians.
- Students should be responsible for the safe keeping of their mobile phones or smart watches. The school will not be held accountable for any damages or losses.

In cases of emergency, parents can call the General Office (6466 3600) if they need to contact their children. Students can also make calls to parents/caregivers using the school phone from the General Office.

### **Healthy Habits**

“Beyond physical benefits, exercising positively influences the mental, emotional and cognitive development of children,” says Micheal Lim, Head and Senior Clinical Exercise Physiologist, Sports Medicine Programme, KK Women’s and Children’s Hospital (KKH), a member of the SingHealth group. Having regular exercise for young children help them in different ways. Read more about how you can help your child adopt good exercise habits here: (<https://www.healthhub.sg/live-healthy/why-children-need-to-exercise>)

Having healthy food choices allow your child to have good nutrition for their bodies and contribute to better learning. Click here (<https://www.healthhub.sg/live-healthy/a-healthy-food-foundation-for-kids-and-teens> ) to read more to help your child have better food choices in their daily diet too.

Thank you and let’s have a great term ahead together.

Warmest regards,  
Ms Lam Yuen Kay  
P1 Assistant Year Head

### VISION

A Leader in Every Child - with Talents and Strength of Character

### MISSION

Nurturing concerned citizens with integrity and a spirit of excellence through holistic education

### SCHOOL VALUES

Respect, Integrity, Care, Excellence



School Distinction Award



Teaching and Learning



Student All-Round Development



Partnership



Character and Citizenship Education

