



HENRY PARK PRIMARY SCHOOL

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<http://www.henryparkpri.moe.edu.sg>

24 April 2017

LTP / 05 / 2017

Dear Parents

1. HPPS 40th Anniversary Celebration

The school celebrated her 40th Anniversary on Friday, 7 April. In the morning, we had a **Day Programme** for all students and teachers. In the evening, we had a **Homecoming** and invited many alumni and former teachers. Mr Ong Ye Kung, Minister for Education (Higher Education and Skills), graced the occasion as Guest of Honour. To commemorate the event, Minister Ong was invited to plant a tree in the school. (The tree symbolises the effort of present staff and students, who will continue the work of former teachers and students.) A special photo mosaic showing an aerial photograph of the school was commissioned. (The photo mosaic, made up of 2000 mini photographs of students and staff, is located at Level 4.) The school choir did a re-recording of the school song.

2. P1 (2018) Registration

Phase 1 is a priority phase for siblings of students currently studying in Henry Park Primary School and who are Singapore Citizens/Singapore Permanent Residents.

The internal survey for the P1 Registration has been given out. Parents who have indicated their intention to register their children for admission under Phase 1 will receive a carbonised registration form in May 2017 for completion, and this form is to be returned to the school through your elder child before the start of June vacation. The school will register the children during the Phase 1 registration dates. Parents of children eligible for Phase 1 will not be required to be present for the registration. A copy of the carbonised form will be returned to the parents in July 2017 after the registration.

3. Healthy Meals School Programme (HMSP)

HMSP is a joint initiative by MOE and Health Promotion Board to cultivate healthy eating habits among students. Besides other measures, this also involves promoting a balanced diet, that is, to make food in the 4 food groups available in the main meals. That is, inclusion of (i) brown rice and whole meal bread (20%), (ii) fruit (1/2 serving), (iii) 2 heaped dessert spoons of vegetables, and (iv) meat and others (tofu, beans, lentils) in main meals.

In Henry Park, we had decided to implement HMSP in phases. This would give us the opportunity to review and refine the implementation along the way. Refinements that have since been made to HMSP implementation include capping the price of the additional fruit to 20 cents (versus 30 to 50 cents, when it was first implemented in 2016) and allowing students to bring their own fruits if they wish to.

Phase 1 (inclusion of fruits in main meals) was implemented as part of lunch in Term 3, 2016. One key learning point since Phase 1 implementation was the need to continually remind students on healthy eating habits so that this becomes ingrained in them. Hence, promotion of healthy eating habits has been made part of our weekly assembly outreach programme on Wednesdays.

In this term, we will be implementing Phase 2 (inclusion of whole grains and vegetables) as part of all main meals (including recess) from 22nd May 2017. With the full implementation of the HMSP, all main meals would be served as set meals (with inclusion of fruits, vegetables and whole grains). Prices for the set meals would range from \$1 to \$2. Essentially, there is no increase in existing food prices; however, the fruit that would be served along with the main meals would cost an additional 20 cents. Students have a choice of bringing their own fruit from home which they are expected to consume along with their main meals. In such cases, the set meal price would exclude the cost of the fruit.

More information on the HMSP would be put up on our school website. This would provide you with some examples of what constitutes a main meal and what does not.

We look forward to your continued support in cultivating healthy eating habits amongst our students.

4. Articles on Parenting

You may access Schoolbag at <https://www.schoolbag.sg/> for the latest articles on parenting.

5. Students' Achievements

Girls' Brigade Singapore	GB 43rd Company <u>Gold Award</u>
Primary Schools Sports Council	<p style="text-align: center;">West Zone Table Tennis (Senior Girls) <u>4th Position</u> Lew Xin Rui, Cheryl - P6B Nicole Ang Hui - P6A Jodie Teo Yang Shi - P6J Serena Tan Ying En - P6A Tan Megan - P6B Clariss Tan Jia Xuan - P6C Chan Wen Hwee - P6G Chua Ke Rui Kerrine - P6B Avriel Kaw Jun Ann - P6B</p> <p style="text-align: center;">West Zone Table Tennis (Junior Boys) <u>4th Position</u> Daryl Goh Jin Hian - P5H Ng Yang En Ivan - P5I Bu Kee Han - P5F Nathan Chua Yong Cheng - P5C Zhang Jun Jian - P5B Nathan Lim De En - P5G John Tan Wei Ming - P5I Chen Kay Den - P5I Liu Chu Fang - P5B Tay Yu Wen - P3A Han Yi Xuan, Mikel - P4B Gregory Lim Kin-Yi - P4C</p> <p style="text-align: center;">West Zone Table Tennis (Junior Girls) <u>4th Position</u> Qierra Dian Syariffudin - P5A Kimberly Tham - P5B Tricia Yeo Jing Hui - P5E Vallerie Phua - P5B Chan Wen Hsin - P5C Natania Chai - P5D Sheyenne Tan Yi Xuan - P4D</p>

Tan Xin Yi, Isabelle - P4D
Ting Zi En Avril Joel - P4D
Pey Kee Yen - P4F
Lee Xin Ci - P4F
Zhou Zhuohan - P4A

Primary Schools Sports Council

**National Primary Schools Track & Field
Competition 2017**

A Division Girls

4th in 100m and 3rd in 200m
Loy Shu-Wen Calista - P6E

B Division Boys

8th in 600m
Thaarmin S/O Thana Rajan - P6A

8th in 1500m

Bryan Cheung Jia Jie - P6D

3rd in 300m

Rayan Bagheri Aghdam - P6F

4 X 300 Metres Relay – 5th position

Servio Tye Wei Hern - P6A

Chew En, Bryan - P6D

Rayan Bagheri Aghdam - P6F

Thaarmin S/O Thana Rajan - P6A

Bryan Cheung Jia Jie - P6D

Teo Chze Sian - P6A

B Division Girls

7th in 600m

Tong Jing Ning - P6C

4 X 300 Metres Relay - 7th position

Low Reine - P6B

Lim Wei Wen - P6C

Dhanna Ng Ee Tsu-Anne - P6H

Tong Jing Ning - P6C

Liew An Qi - P6G

C Division Boys - Overall 2nd

5th in 600m

Ray Chen Kaiyi - P5C

6th in 300m and 3rd in 600m

Ferrell Lee - P5E

1st in 100m and 1st in 200m

Timothy Yoong Tin Lui - P5F

(Timothy broke national record in 100m and equalled
national record in 200m)

4 X 100 Metres Relay - 1st position

Fong Ting Feng Luke - P5H

Jedd Tan Shi Jie - P5E

Gabriel Nyeo - P5B

Timothy Yoong Tin Lui - P5F

Ferrell Lee - P5E

	<p>Gerald Phua Bang Sheng - P5G</p> <p><u>4 X 300 Metres Relay - 1st position</u> <u>(New national record)</u> Ferrell Lee - P5E Ray Chen Kaiyi - P5C Gabriel Nyeo - P5B Timothy Yoong Tin Lui - P5F Kevion Lee Tung Yi - P5B</p> <p>C Division Girls <u>5th in 600m</u> Debby Teng Qin Xuan - P5A</p> <p><u>4 X 100 Metres Relay - 8th position</u> Aisyah Nur Rahmah Binte Abdul Samad - P5F Natalie Ang Yu Han - P5F Debby Teng Qin Xuan - P5A Gabrielle Rachel Wee - P5F</p> <p>D Division Boys - Overall 3rd <u>4th in hurdles and 1st in long jump</u> Chua Je-An, Garrett - P3C</p> <p><u>6th in 300m</u> Aidan Michael Soh Zi Ren - P4B <u>5th in shot put</u> Tan Kok Min Jeryl - P4G <u>5th in hurdles</u> Tong Xian Yao - P4H</p> <p><u>4 X 100 Metres Relay - 4th position</u> Ho Swee Han Isaac – P4H Tong Xian Yao - P4H Aidan Michael Soh Zi Ren - P4B Chua Je-An, Garrett - P3C Gan Zi Rui, Trevis - P3D</p> <p>D Division Girls <u>4th in high jump</u> Yasmine Binte Zaharin - P4A</p>
Primary Schools Sports Council	<p>National Primary Schools Artistic Gymnastics Championship 2017</p> <p>Boys Senior Division Optional <u>3rd in Floor Exercise</u> Aaron Ching Jow Ern - P6G</p> <p><u>2nd in Vault</u> Matthew Ng Sen Hon - P6A</p> <p>Boys Junior Division Optional <u>1st in All Around, 3rd in Vault,</u> <u>2nd in Pommel, 1st in Floor Exercise</u> Leon Tan Jing Yi - P4C</p> <p><u>3rd in Floor Exercise</u> Samuel Tung Ben Liang - P5H</p>

	<p align="center">Boys Junior Division Novice <u>2nd in Vault</u> Evan Heng - P5D</p> <p align="center"><u>3rd in Floor Exercise, 3rd in Pommel, 1st in Vault</u> Abdul Barr Abdulattif - P4F</p> <p align="center">Boys Junior Division - Under 9 <u>TOP 6</u> <u>Floor Exercise and Vault</u> Gerasimos Geraint - P2I</p> <p align="center"><u>Floor Exercise</u> Chong Teng Seet - P2H Marcus Ng Sen Ju - P2J Jonah Kwok Jia Rong - P1B</p> <p align="center"><u>Vault</u> Aqmal Hirzan - P2B</p>
Girl Guides Singapore	<p align="center">Chief Commissioner's Award Kueh Jia Yu - P6D Fitri Nur Nadia Bte Nor Erwan - P6F Ashley Seow Jie Ying - P6D Chua Jo Ann - P6D</p>
River Valley High School Math Challenge	<p align="center">Team - 1st Position Jiang Tong Jia - P6B Loh Jie Wei - P6I Tan Pin Che - P6I</p>
Tan Kah Kee Young Inventors' Award (YIA) 2017	<p align="center">Commendation Award <u>Project: Earphone Detangler</u> Koh Han Hee, Sarah - P6A Shannon Chua - P6D</p>
West Zone Centre of Excellence for Science and Technology (WZCOE) Junior Science Whiz Challenge 2017	<p align="center">Overall Practical, Written and Stage Round <u>Runners-up (Team)</u> Chan Soong-Lin Keith - P6I Tan Pin Che - P6I Seah Jin Kuan - P6I</p> <p align="center"><u>Practical Round - Winners (Team)</u> Kaw Jun Ann, Avriel - P6B Colin Chow Kah Ler - P6C Pan Congchang - P6C</p> <p align="center"><u>Individual - 3rd Position</u> Tan Pin Che - P6I</p> <p align="center"><u>Written Round (Top 11th - 20th Position)</u> Chan Soong-Lin Keith - P6I Colin Chow Kah Ler - P6C</p>
Malay Language Scrabble Competition 2017	<p align="center">Piala Cendekia Sahibba 2017 <u>Zonal Competition</u> Adam Mukhair Bin Azlan - P6A Hilman Faiz Bin Mohamed Nurfithri - P6A Ahmad Syukri Bin Muhammad Nurazhan - P6B Nur'Atiqah Bte Muhammad Nurazhan - P5C</p>

<p>“Six Trust Cup” National Youth Weiqi Championships 2017</p>	<p>Primary 3 Category <u>School Team Award Champion</u> Zhang Zhihe - P3D Chen Sze Ting - P3C Goo Yi Co - P3B</p> <p><u>Individual Bronze Award</u> Zhang Zhihe - P3D Chen Sze Ting - P3C</p>
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Warmest regards

Chia Soo Keng (Chia_Soo_Keng@schools.gov.sg)
Principal

VISION

A Leader in Every Child - with Talents and Strength of Character

SCHOOL VALUES

Respect, Integrity, Care, Excellence

