

GYMNASTICS TRAINING TEAM SCHEDULE FOR TERM 1 (2018)

Week 2	08-Jan	Mon	1.45pm - 4.45pm	Training Team
	09-Jan	Tues	1.45pm - 4.45pm	Training Team
	10-Jan	Wed	2.00pm - 5.00pm	Training Team
	11-Jan	Thur	2.00pm - 5.00pm	Training Team
	12-Jan	Fri	NO TRAINING	NO TRAINING
Week 3	15-Jan	Mon	1.45pm - 4.45pm	Training Team
	16-Jan	Tues	1.45pm - 4.45pm	Training Team
	17-Jan	Wed	2.00pm - 5.00pm	Training Team
	18-Jan	Thur	2.00pm - 5.00pm	Training Team
	19-Jan	Fri	1.45pm - 3.45pm	RECREATIONAL TEAM
Week 4	22-Jan	Mon	1.45pm - 4.45pm	Training Team
	23-Jan	Tues	1.45pm - 4.45pm	Training Team
	24-Jan	Wed	2.00pm - 5.00pm	Training Team
	25-Jan	Thur	2.00pm - 5.00pm	Training Team
	26-Jan	Fri	1.45pm - 3.45pm	RECREATIONAL TEAM
Week 5	29-Jan	Mon	1.45pm - 4.45pm	Training Team
	30-Jan	Tues	1.45pm - 4.45pm	Training Team
	31-Jan	Wed	2.00pm - 5.00pm	Training Team
	01-Feb	Thur	2.00pm - 5.00pm	Training Team (P4/5/6 Heats for AAM)
	02-Feb	Fri	NO TRAINING	NO TRAINING
Week 6	05-Feb	Mon	1.45pm - 4.45pm	Training Team
	06-Feb	Tues	1.45pm - 4.45pm	Training Team
	07-Feb	Wed	2.00pm - 5.00pm	Training Team
	08-Feb	Thur	2.00pm - 5.00pm	Training Team (P4/5/6 Make up Heats for AAM)
	09-Feb	Fri	1.45pm - 3.45pm	RECREATIONAL TEAM (P4/5/6 Make up Heats for AAM)
Week 7	12-Feb	Mon	1.45pm - 4.45pm	Training Team
	13-Feb	Tues	1.45pm - 4.45pm	Training Team
	14-Feb	Wed	2.00pm - 5.00pm	Training Team
	15-Feb	Thur	NO TRAINING	Chinese New Year Eve
	16-Feb	Fri	NO TRAINING	Chinese New Year HOLIDAY

***Training dates and time may be subjected to changes.**

***Please check the SCHOOLS' CCA Website, NOTICES outside Gymnasium and General Office REGULARLY for updates.**

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Week 8	19-Feb	Mon	NO TRAINING	Chinese New Year HOLIDAY
	20-Feb	Tues	1.45pm - 4.45pm	Training Team
	21-Feb	Wed	2.00pm - 5.00pm	Training Team
	22-Feb	Thur	2.00pm - 5.00pm	Training Team
	23-Feb	Fri	NO TRAINING	Annual Athletics Meet (AAM2018)
Week 9	26-Feb	Mon	1.45pm - 4.45pm	Training Team
	27-Feb	Tues	1.45pm - 4.45pm	Training Team
	28-Feb	Wed	2.00pm - 5.00pm	Training Team
	01-Mar	Thur	2.00pm - 5.00pm	Training Team
	02-Mar	Fri	1.45pm - 3.45pm	RECREATIONAL TEAM
Week 10	05-Mar	Mon	1.45pm - 4.45pm	Training Team
	06-Mar	Tues	1.45pm - 4.45pm	Training Team
	07-Mar	Wed	2.00pm - 5.00pm	Training Team
	08-Mar	Thur	2.00pm - 5.00pm	Training Team
	09-Mar	Fri	NO TRAINING	PARENT-TEACHER-MEETING
MARCH SCHOOL HOLIDAY TRAININGS	12-Mar	Mon	9.00am - 12.00pm	Training Team
			1.00pm - 4.00pm	School Team (Selected Gymnasts for Competition)
	13-Mar	Tue	9.00am - 12.00pm	Training Team
			1.00pm - 4.00pm	School Team (Selected Gymnasts for Competition)
	14-Mar	Wed	9.00am - 12.00pm	Training Team
			1.00pm - 4.00pm	School Team (Selected Gymnasts for Competition)
15-Mar	Thu	9.00am - 12.00pm	Training Team	
		1.00pm - 4.00pm	School Team (Selected Gymnasts for Competition)	
16-Mar	Fri	9.00am - 12.00pm	Training Team	
		1.00pm - 4.00pm	School Team (Selected Gymnasts for Competition)	

NOTE:	1) Week 2 = Please make the necessary transport arrangement for your child(ren) as there WILL NOT BE any school buses after their training.
	2) Week 5 & 6 = On the 1st & 2nd Feb the P4s, P5s and P6s will be having their Annual Athletics Meet 2018 Heats from 2-5pm. On the 8th & 9th Feb are the backup for the AAM Heats.
	3) Week 7 = No Trainings on 16th and 19th Feb due to CNY holiday.
	4) March School Holiday Trainings = Only selected Gymnasts need to attend the afternoon sessions (1pm-4pm). Please make the necessary arrangements of your child(ren)'s lunch and transport as it will not be provided).

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